

CHAIRMAN'S CHATTER

Welcome to the Autumn edition of your Surgery Patient's newsletter. Your Patient Participation Group (PPG) has been busy organising, and running, various events on your behalf, for the benefit of all Patients at the Practice.

The book stall has continued to be a tremendous success with your support, and we are now expanding it to include Jigsaw Puzzle – see more details below.

We recently organised the second of our "Health and Wellbeing" events, which this time concentrated on Dementia.





Eight or nine organisations attended the Surgery from 4.00pm to 7.00pm to highlight how they could support and help anyone diagnosed, or caring for someone, with Dementia. It was a very successful event with many Patients ably signposted to the support and help that they needed. Please keep checking the Practice website, or their Facebook page for details of the next "Health and Wellbeing Event" as well as some other exciting projects that are currently being planned for the Autumn.

I am delighted to be welcoming back to the Surgery our Digital Champion – see more details below. Please also note the very comprehensive notification regarding the Autumn Vaccination dates.

If there is anything that our PPG can look into on your behalf, anything that you would like to see your PPG involved in, or any observations you would like to make, please contact me on the email below, or leave a hand written note at the Reception desk for me.

Peter Hazelton Boxdragon54@gmail.com

'FLU AND COVID VACCINATIONS AT THE SURGERY - 2025

The Surgery Seasonal Vaccination sessions have now been confirmed, and are as follows:-

- 1) Wednesday 1st October 2025..... Morning only
- 2) Thursday 2nd October 2025......Morning only
- 3) Tuesday 7th October 2025...... Late afternoon......Under 65's only
- 4) Saturday 11th October 2025......All day
- 5) Tuesday 14th October 2025Late afternoon...... Under 65's only

Those patients who are entitled to receive a Covid Vaccination will be offered this at the same time as their 'Flu Jag.

The Surgery has this year given Patients a really good choice of sessions – the booking system will be opening at the beginning of September, so look out for your notification on the website and in the Surgery. Patients are encouraged to have their Vaccinations at the Surgery, where they are known, their Medical Record and their regular Medical Team is available. Please make a note of these dates and times - and support your Surgery by booking your appointment as early as possible during September!

BOOKSTALL REPORT

A big Thank You to anyone who has used our bookstall so far to find a book to read.

The bookstall project continues to grow in popularity with £65 approx raised so far this year, which this time has been used to refurbish the fish tank in the waiting room with new fish.

Following our Dementia based Health and Wellbeing Event, we are now going to stock jigsaw puzzles a well as books. This will be run on the same basis as the bookstall.

To be able to accommodate this new venture, we have acquired a new bookcase, and moved both of them to a new position in the downstairs waiting room. Please make a point of checking them the next time that you are at the Surgery, and you might just find something interesting to take home and enjoy, and please consider making a donation to help our fund raising – a donation box is provided.

To ensure the continuation of this project, we now have a need for donations of both books and jigsaw puzzles, so if you are having a clear out, or know someone who is, please contact us and we will be happy to collect the items from you.

You will know that you are supporting your Patient Group, which is here to help the Surgery with all your health needs. Contact:-Boxdragon54@gmail.com

RETURN OF THE DIGITAL CHAMPION

Yes, by the time you read this the PoW's own digital champion will have resumed free, one-to-one sessions in the surgery - the first sessions started on Monday 7th of July.

There are three 45-minute sessions every Monday afternoon, timed for 14:00, 14:45 and 15:30.

All sessions are 'by-appointment' only, so please call the Dorset Digital Hotline on 01305 221048 to reserve

These sessions are driven by you, so if you want to feel more secure selling your sofa online, or if you want to start using the NHS App, or just feel slicker and more confident using the internet, bring your device and get hands-on help.

The weekly sessions in PiPs Café resume on Thursday afternoons, starting September 4th - using the same booking phone number, so you could really go mad and have two sessions every week! Mike Watson

MEET YOUR SURGERY TEAM! (1.) NICKI WESTAWAY

We are pleased to give you the first in a new Series of Photo Biographies –

Hello! I'm Nicki, the Patient Services Lead at the Prince of Wales Surgery in Dorchester. I have been with the practice for 5 years and have a genuine passion for patient care. I oversee our patient services team and coordinate reception operation for the Dorchester site, ensuring we provide a warm, calm presence for our patients.



PRINCE OF WALES STROLLERS

The Strollers Group continues to go from strength to strength, meeting twice a month, outside the Surgery. Everyone is welcome, and care is taken to ensure that everyone who turns up is supported on the entire route, right to the coffee shop at the end!

In case you missed it, we had fun at one of our regular strollers coffee with a surprise event - the

Rickshaw teams turned up to provide tours around Poundbury! If you're hesitant regarding your mobility, then joining us for a short stroll followed by a chat and coffee/tea could well help you.



All are very welcome. We meet at 10:00 on the 1st and 3rd Thursday at the Surgery, and take a gentle stroll to Peppina Café for coffee.

If you have any questions please ring 01305 257721.

