



Friends of Portesham Surgery

Local Community Activities

Our communities are full of interesting groups and activities—here is a selection. The village websites are also a source of much useful information.

PORTESHAM	Organiser	Contact	Other Info
Diamond Club - over 55's	Anita Buckland	01305 871751	
Women's Institute	Christine Voice	01305 871009	
Volunteers	Elizabeth Thomas	01305 871916	
Badmington	Andrea Wallis	01305 871035	
Ukulele	The Kings Arms	01305 871342	
Short Mat Bowls	Clive Rowlands	01305 871941	
Walking Group	John Mason	01305 871117	
Royal British Legion	Steve James	01305 871881	
Exercise to music	Suzanne	01305 281882	
Bridge Club	Pip Roper	01305 871879	
Cubs & Scouts	Maureen Adams	01305 871483	
Beavers	Mary Cutting	01305 871252	
Zumba Gold, Gentle Stretch	Christine Voice	01305 871009	
Internet Cafe	Marsha White	01305 871446	
Film Club	Keith Brignell	01305 871925	

LITTON CHENEY	Organiser	Contact	Other Info
First Steps Playgroup	Claire	07748 7834452	
Iyengar Yoga	Anna Forresdt	Annaiyengara@gmail.com	Wed 6—7.15
Keep Fit	LATCH		Tues 5.30-6.30
Short Mat Bowls	"		Tues 4—5pm
Gym club	"		Fri 3.30—4.30
Yoga	"		Fri 10—11.30
Table Tennis	"		Wed 4—5pm

BURTON BRADSTOCK			
Tots and Pram Service	Audrey	01308 897227	

PUNCKNOWLE & SWYRE			
Bride Valley Gardening Club	Cilla Jones		
Lunch Club	David Buckland		
Craft Club	Brenda Oliver		
Yoga	Jean Thorn	01308 898540	

MARTINSTOWN			
Chair-based exercises		013080281882	

SHIPTON GORGE			
Ramblers	Janet	01308 897241	3rd Fri/month
U3A (University of the third age):			
Bridport	Diana Coleridge	01308 424431	
Dorchester	Janet Kellewell	01305 851922	
Bride Valley Car Service	Lesley Dove	01308 897695	

If you notice any incorrect or missing information please let the Surgery or Friends of the Practice know so we can amend the leaflet—thank you.